Top 5-Group via Telebehavioral Health

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TOP 5

1. PLAN AHEAD

- Where is the facilitator?
  Where are the clients?

  *Safety protocol changes*

- Type of group-
  Psychoeducational, Process, etc.

- Size of group-what is the cap?

- Open or closed

- Group “Rules” shared when clients log on
TOP 5

2. Co-Facilitator recommended 1 to Lead group & 1 to support/watch chat, watch for raised hands and any safety issues
3. Call ahead safety check with client

- Where will you be when you attend group? (address/location) If we should get disconnected during group, what number can we use to reach you?

- Is anyone else going to be there with you during group session?
- Are you able to be in a private space?

- If someone was to come into your space, we will use the safe word ________. If a group member states the safe word, we all pause.
TOP 5

4. Interactive Activities

- What is available on the platform?
  (white board, break out rooms, annotate, polls, etc.)
- Practice, Practice, Practice
TOP 5

5. Facilitator drives the bus

In charge of Mute, If something appears unsafe, directions as how to share or speak (chat or raise virtual hand), etc.
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